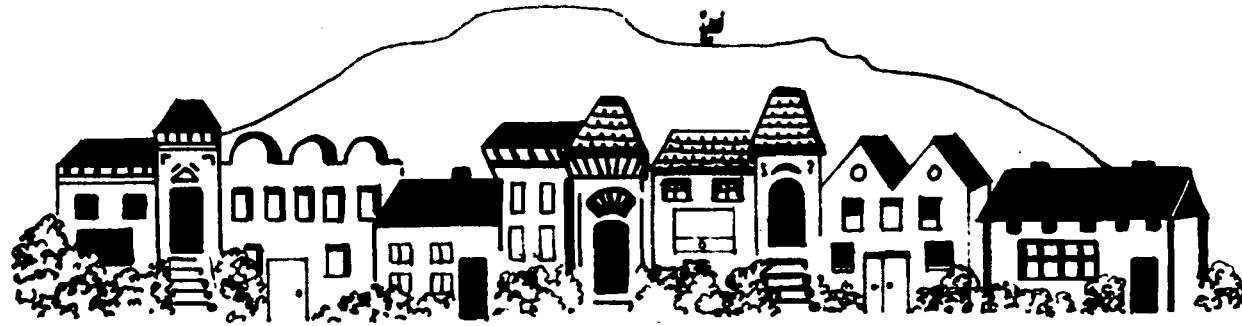


NEW



BERNAL JOURNAL

OCTOBER-NOVEMBER 1988

151

VOLUME 25, NO. 5



Bernal Youth Dance Their Way Back to School

by Gerald Whitehead

If you passed along Cortland by the Neighborhood Center on Saturday night, August 27, you may have done a double-take on the parade of youth making their way into the Center and the great dance music spilling out into the streets. The occasion was a special Back-to-School Dance for Bernal youth.

The Center, usually the scene of senior activities and community group meetings, was transformed into a makeshift disco for the evening by the special talents of the energetic young DJ's known as DEMO-CREATIONS. The dining room was cleared for dancing; the patio was set up for eating; and at five o'clock DEMO-CREATIONS—Sonny, Carlo, George and Chris—arrived with a truck full of sound equipment and special effects lighting. For two hours these great guys worked their magic and by 7 p.m. the music was flowing!

For four hours that summer night, sixty-seven 10-18 year olds descended upon the center working up an appetite for sandwiches and pizza while dancing beneath a banner which read, 'STAY IN SCHOOL; MAKE A UNIVERSITY YOUR NEXT GREAT ADVENTURE.'

This very special youth function came about thanks to Bennie Smith, a neighborhood resident who wanted to do something for the youth of the community; especially those who are enrolled in school. Bennie who works during the day and attends City College in the evenings, has a great appreciation of the value of education to all youth; but especially to those youth who are—statistically—most likely to become dropouts during their teen years. Special thanks to Bennie and all the others who contributed to this positive evening for Bernal Heights youth. Plans are already being made for another similar event, perhaps in December!

Housing Rehabilitation Loans Top \$1 Million

by Michael Noon

With the closing this past month of a loan to rehabilitate another four units, the Bernal Heights Community Foundation Housing Rehabilitation Program has delivered over one million dollars of repairs to homes of low-income residents in all areas of the hill.

Collapsing porches, inadequate wiring, worn out plumbing, leaking roofs are just a few of the home repair problems handled by the housing rehab programs of the BHCF.

The program was set up seven years ago for people like Maxine Anderson whose home desperately needed repairs and upgrading. "As a single mother I could not afford the repairs," explained Maxine. "The Housing Rehabilitation Program did an excellent job completing the necessary work."

However, the benefits of this program have not only accrued to the immediate owners but also to neighbors, local businesses, and building material suppliers located nearby.



Bernal Heights Community Foundation Housing Rehab Loan Program

No. of Occupants	Income
(1)	\$22,700
(2)	\$25,900
(3)	\$29,150
(4)	\$32,400
(5)	\$34,450

Up to \$20,000 available at 3% interest deferred for 10 years (special status for seniors and disabled residents).

Repair work by Licensed Contractor chosen by competitive bid can include items such as wiring, plumbing, roofing, foundations, porches, kitchen and bath repairs.

Processing handled by Bernal Heights Community Foundation staff within a start-finish time of 3-9 months depending on owner's response time.

Please call Michael Noon at 648-0330, Monday-Friday, 9 a.m.-5 p.m. if you have any questions or would like to apply.

Rehab loans of up to \$20,000 are available to low income homeowners (see chart below) at a rate of 3% interest for a term of 10 years. There are special benefits given to disabled or senior citizens. The BHCF Rehab Director and his assistant work with any applicant to assemble the necessary paperwork; review the building problems; supervise the bidding process then guide it through the city departments and see the project through to completion.

In addition to the Rehab program for individual homeowners the City of San Francisco has recently begun to promote a separate program for tenant housing called the Rental Rehab Program (RRP). This program is aimed at improving renters' homes without requiring that the owner necessarily be low-income. This is a contingent grant program in which the city will provide matching dollars toward repairing rental units. There is a formula based on the income of the tenants and the number of bedrooms per unit. As with the Housing Rehab program, the BHCF staff will provide anyone wishing to apply with guidance throughout the entire process from application to completion of construction.

Since it was founded in 1981, the combined efforts of staff, community activists, a supportive city bureaucracy and dedicated contractors as well as tradespeople have all made the BHCF Housing Rehab Program a major influence in the renovation of over 60 units of housing in Bernal Heights.

BERNAL JOURNAL

515 Cortland Avenue,
(phone 648-0330)

The *New Bernal Journal* is an open forum of the community sponsored by the Bernal Heights Community Foundation. It is dedicated to providing the people of Bernal Heights with neighborhood news, ideas, issues, and events. Articles express the views of contributors and not necessarily those of the Community Foundation.

October 1, 1988

The next *Bernal Journal* Advisory Board meeting is December 5, Monday, at 6:30 p.m. in the *Bernal Journal* Office. Please call if you wish more information.

All manuscripts must be typed, double-spaced, or arrangements can be made to enter them directly into the computer. We reserve the right to edit for clarity or space.

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Editor: Gail Corbitt
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Advisor: Barbara Bagot
Production Manager: Kay Daly
Youth Staff: Inez Rosa, Ericha Dominguez, Marcus Perryman, Craig Pintilly, Terri De Loyola, Rowena Fontanilla
Production Crew: Bob Dutra, Amy Love, John Lyon, Youth Staff
Advertising: Gail Corbitt
Advertising Designer: Inez Rosa
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Artwork: Spain Rodriguez, Youth Staff
Distribution: Diane Ross, Steve Antonaros, and a cast of hundreds!
Photography: Gerald Whitehead, Sister Janet Simons, Mike Noon, John Lyon

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Barbara Bagot receives Wells Fargo Social Service Award



Barbara Bagot has received an Award for Social Service from her employer, Wells Fargo Bank. President Paul Hazen said, "I am proud to know that Wells Fargo has employees such as Barbara who are making significant contributions in the community."

Barbara was honored for her work with Bernal Heights youth and was presented with a check for \$750 to be applied to her favorite youth project, the *New Bernal Journal*.

Speedy Recovery!

Roger Hernandez, Director of Precita Center since 1984, suffered a heart attack in early September and was rushed to Intensive Care. Released and resting now, the *Bernal Journal* wishes Roger a speedy recovery.

Dear Gail, *Bernal Journal* Editor,

I found our afternoon's lunch meeting extremely useful: I hope you did also.

It gave me an opportunity to take the pulse of your neighborhood and hear your perspective on issues of concern to your readers.

I look forward to future meetings with you and your newspaper association. I wish your organization the best of luck.

Sincerely,
Art Agnos

see related story on page 7

Dear *Bernal Journal*,

Although I am quite pleased to see several articles in your June-July issue faithfully translated into Spanish, I would like to express some thoughts about the terms hispanics and hispano.

I believe that the system is very clever imposing certain words upon us which we then accept and which actually perpetuate the system's own injustices. For example, the term hispanic in English can be accepted since it could, after all, be referring to people who use the Spanish language as their main language. In this case, the correct Spanish translation would be hispanic-parlantes (Spanish-speaking). Hispanic, by itself, in Spanish language usage, refers to someone or something from the country of Spain. This means that when the term hispanic is translated into hispano we are lumping into one category people from Spain, Monaco, Mexico, Venezuela, Argentina, etc. This is unfortunate because we are following the system's tendency to lump all "minorities" into convenient categories that have been thoughtlessly or sloppily designed.

I think that Spanish speakers should be aware of these encroachments into the Spanish language, and that we should resist these subtle influences that can actually involve much larger psychological consequences. For this reason, I hope you will consider using the term hispano-parlante or hispano-americano, or some other suitable alternative. I also suggest progressive people should refrain from using the term "minorities." Instead, we could simply refer to "ethnic groups," "ethnic communities," etc.

Language is one area of our lives where we do not have to give in so easily to the system's tricky and perverted psychology!

Sincerely,
R. Wall

Introducing the BHCF Board of Directors



Newly elected member Christina Mejewsky is a native of San Francisco who moved to Bernal Heights six years ago after working in the neighborhood as a translator for the city's public health nurses. As chair of the Neighborhood Center Committee, Christina is one of the people behind the scenes of our Family Night get-togethers which raise money for the Bernal Heights Community Center. In fact, getting involved and helping people is a way of life for her. When she's not on the job at Muni's personnel dept, she's a H.A.M. operator monitoring emergency situations. During the most recent Los Angeles earthquake, Christina put the H.A.M. radio network into action - helping one worried San Franciscan get in touch with her elderly aunt after the L.A. phone lines went down. Christina is someone who gets things done, and we know she'll bring that same energy to her position on our Board of Directors. Welcome aboard!



Dear *Bernal Journal*,

I wish to thank you for the "New" *Bernal Journal* August-September issue which I found in my mail box after coming home from church yesterday. Immediately after reading "Something for Everyone," as a Bernal Heights resident since May 30, 1971 in this beautiful City of San Francisco, I'm being challenged as a civic-minded citizen of the community. I'm voluntarily offering as my donation to the Bernal Heights Community Foundation, four copies of an excellent novel written by a noted Filipino-American author, Antonio E. Santa Elena for the Bernal Heights youths to read at the Bernal Heights Public Library. This novel, according to the *Philippine News* and the *Philippine Examiner Today*, is being utilized as a reference and/or optional outside reading material in various public libraries in different cities of California as well as in the Philippines.

Sincerely yours,
Alfredo Ines Pascua

Dear Subscribers,

Thank you for the overwhelming response. We're grateful and hopeful that this will turn out to be an important new source of income for your neighborhood newspaper the *New Bernal Journal*.

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I would like to make an additional contribution to the *Bernal Journal* Youth Project, the only youth training program in Bernal Heights.

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San Francisco, CA 94110

STANDARD BRANDS IS OPEN!



This scaffolding is for the construction of Coleridge Park Homes. Unfortunately, it obscures the lovely window displays, but don't let it stop you from going into Standard Brands.

by Gail Corbitt

When Standard Brands entered into a unique joint project with the Bernal Heights Community Foundation and other public agencies to allow 49 units of low income senior and handicapped housing to be built over their new store, they demonstrated a spirit of community one seldom finds in major corporations.

Because the scaffolding will cover the storefront and window displays for several months, it is causing people to wonder if the store is open. Yes it is! The entrance is on the side with the parking area, so go in and tell Bryce Sutton, the manager or any of the employees (they are all Bernal Heights residents) how much you appreciate what they are doing for our community.



GREAT AMERICA JOBS CONTINUE



The successful Great America jobs for youth program continues even after the regular, full time Summer program officially ended September 8. Fourteen youth will continue to work on weekends for the next couple of months. EXTRA SPECIAL THANKS TO SHARON WILSON AND ANDREA ORTIZ, the drivers who have chaperoned, supervised, encouraged, and never let any of us down. Also thanks to Jeff Kilbreth who coordinated with the van company and Great America's personnel department to keep our Bernal youth in work for another couple of months. Thanks to Digital Corporation for their generous financial support.

Teen dance sponsor Bonnie Smith with helpers Jill and Henry, the owners of Buffet Flat Bookstore.

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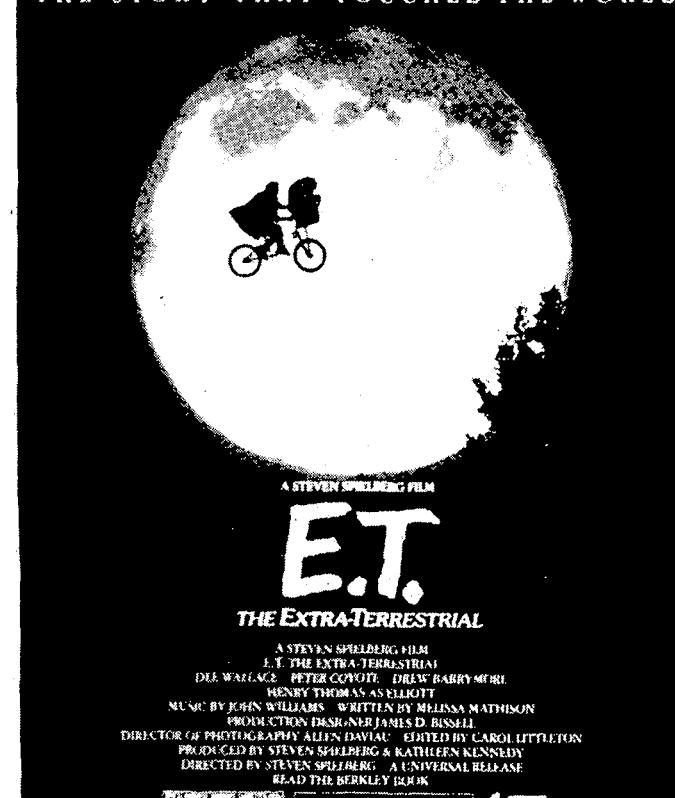
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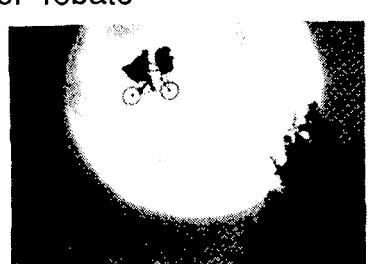
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Kitty's

by Emma Torres

She's the sort of woman who shares Greek cookies with Mayor Agnos, portrays herself in a soon to be released movie; and still finds time to run a restaurant. When you sit down for a meal at Kitty's, it's Kitty Allen, the owner, who pours your coffee and takes your order.

"I was walking along Mission with my little boy" she recounts in a soft voice made even more soothing by a slight Greek accent. "and we had passed the For Sale sign. He says 'Mommy wouldn't it be nice if we had our own restaurant' and I started thinking...yes". She left her office job to open Kitty's almost 20 years ago with her husband, Louis, as partner and chef. "My boss offered me a raise when I told him I was leaving; but it wasn't the money. It was the people. I live for them; all of the interesting people I've met here." Among those people Kitty met was Mayor Agnos who was across the street for the Coleridge Park Homes groundbreaking. "I grabbed my camera and just went right up to him. I said to him in Greek how proud we were that he was Mayor and I welcomed him to our neighborhood."

In fact, Kitty is a dedicated neighborhood booster. She is a present member and former three-term president of the Mission Merchants' Association with strong views on what the area needs. "We need different kinds of businesses here, not just restaurants and more restaurants. And we need more merchant participation."

But it's when talking about her own experiences, that Kitty gives you a glimpse of what her business means to her. "Three gentlemen came in and sat down to eat. I served them like I do with all my customers; polite and with good humor. It turned out they were producers and they wanted to use my restaurant in their movie. It has a big star of the 40's and 50's in it. You know Aldo Rey?" The name rang a bell but the only actor named Rey that I could place co-starred in 'The Flying Nun'. Was this his father? Kitty showed me a picture. "He starred in that movie with Rita Hayworth where she's going with all the soldiers and he promises to marry her if she can be a good girl." With all the grace and girlish delight of a one-time Juniors model, Kitty smiles "and she does it."

Kitty's located at 3322 Mission Street, between 29th and 30th streets is known for its good homemade food, its friendly atmosphere, and Kitty.



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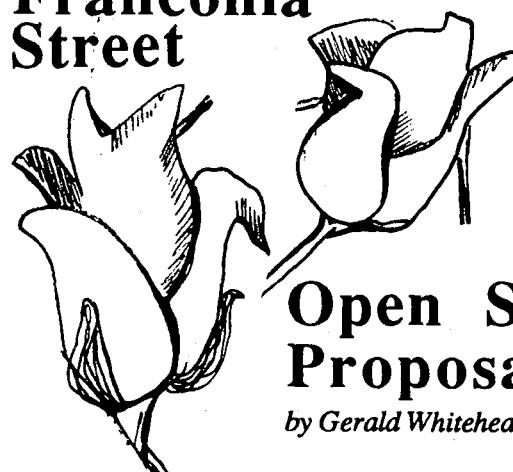
Candidate's Night in Bernal

by Gail Corbitt

On Thursday evening, October 6, at 7:00 p.m., a Candidates Night will be held in Bernal Heights at the Neighborhood Center, 515 Cortland. Supervisorial candidates will be attending and this will afford neighborhood residents an opportunity to meet and hear the various candidates. Six seats on the Board of Supervisors are to be filled in the November election. This year, one seat is vacant, due to Supervisor John Molinari not seeking another term, and five incumbents seek re-election. Twenty-one candidates have qualified for the ballot, including the five incumbents and Bernal Heights resident Pat Norman.

This Bernal Candidates Night is being sponsored by the Bernal Heights Democratic Club as part of their voter educational efforts. This will be a two-part event for the Democratic Club; the first half of the evening will be for the candidates to speak and present their positions on the issues and the second half will be the endorsement process by the Democratic Club. The public is invited to attend the first event of the evening and hear the candidates, but the endorsement voting process will be for the Club members only. For further information, you may telephone 821-2159.

Franconia Street



Open Space Proposal

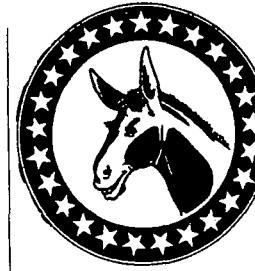
by Gerald Whitehead

In early April, the open space block on Franconia from Montcalm to Rutledge was excavated by a developer building a new house on the 200 block of Montcalm. Vegetation and walking trails were disrupted. Concerned neighbors met with the builder and a representative from the DPW to protest those actions.

Geoffrey Gratz has helped develop steps and plantings on the lower block of Franconia. He joined with Larry Curtice to organize efforts for a similar plan across the street. Forty-one neighbors and eleven of their dogs met on July 14 to get started.

Joining the residents were Jim McGee of the DPW, Doug Biggs of the Conservation Corps, Andy Stone, an employee of Steinberg Arboretum in Golden Gate Park, and Sgt. Tom Del Torre of the Police Crime Prevention and Drug Education Unit. The Bernal Open Space Committee and SLUG(San Francisco League of Urban Gardeners) sent letters of support.

A number of suggestions for accomplishing the project were discussed. Two of the most appealing to the residents were the idea of an "adopt-a-railroad-tie" program whereby each resident could purchase one railroad tie for the steps needed, and a "brick-a-thon", where residents would be solicited to donate any unusual bricks around their homes.



Bernal Democratic Club Formed

by Gail Corbitt

Bernal Heights has always been known for its activist nature whether it's protecting open space areas or insuring that zoning changes reflect neighborhood concerns. This fact is clearly demonstrated by the number of neighborhood organizations which exist to give Bernal residents representation in the process of city government. In July, another organization was added to the list- the Bernal Heights Democratic Club.

In early 1987, a number of long-time activists from the various organizations in Bernal Heights met and laid the groundwork for a Democratic Club. However, they were soon side-tracked by their enthusiastic efforts in the Agnos for Mayor campaign and it wasn't until this summer on July 8 that the first organizing meeting was held to draft and rework the Club by-laws.

At that meeting, Buck Bagot, a long-time Bernal activist, was elected president. Other officers are: Gerald Whitehead, vice president; Mary Johnson, Secretary/Treasurer; Robert Tarpey, membership chair, and Charles Bolton, political action chair.

As stated on the Club's membership form, the Club was organized "to give the residents of Bernal Heights an effective voice in government through active participation in the electoral process." According to a Club representative, this will include voter education, voter registration, endorsement of candidates and issues, and actively working for those candidates and issues endorsed.

The Club meets the 2nd Thursday of each month at the Neighborhood Center at 7:00 p.m. Anyone desiring further information on the Club may telephone 821-2159.



Geoffrey will coordinate the submission of a grant application for Conservation Corps assistance, and a meeting will be held again in mid-August (after the grant results are known) to discuss the next step. Design plans include steps at intervals up the hillside, with rest and view areas, and plants native to the area.

Anyone interested may telephone Geoffrey at 648-8525 or Larry at 282-9674.

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Bernal Heights Community Foundation Housing Program a Success



Under the direction of Michael Noon, the Bernal Heights Community Foundation Rehabilitation Program Director the program has distributed over \$1 million dollars to low-income homeowners in our Bernal Heights neighborhood. Mike is a long time housing activist and independent builder and inspector with a graduate degree in Urban Planning. Having been on staff at San Francisco's Department of City Planning and having lived on Elsie Street for six years, Mike combines an understanding of the neighborhood with his professional background to make the Rehab Program a success for the entire Bernal Heights community.



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A Fond Farewell

by *Cathy Bremer*,
Branch Librarian



On September 24, Bernal Heights lost one of its most important assets when Vivian Sykes resigned as Children's Librarian at the Bernal Branch to take a position at UC-Santa Cruz. She assumed the newly-created role of Minority Outreach Coordinator of the library there. The job will be a challenge for Vivian who moves from providing direct-services to children to coordinating a program as an academic librarian.

Since May 1986 when Vivian came to the Bernal Library, she has infused new life into the branch. Her energy is astonishing; she expended it in pursuit of a worthy goal—bringing Bernal Heights' children to the library and creating for them a truly magical place. She presented story-time programs to literally thousands of children in two short years. She visited all the school children in the neighborhood in their classrooms two times per year enticing them to come to the library. Her storytelling skills are exceptional—she never failed to captivate her audience with folk tales and scary stories and songs.

One of her goals at Bernal was to expand the cultural experiences of the neighborhood children and she did this admirably bringing to the branch ideas and talents never before seen on Cortland Avenue. It was her energy and generosity which lead to the creation of the semi-annual open house parties which hundreds of our neighbors enjoy in December and July.

The neighborhood was also generous in its appreciation of Vivian. This was one of the reasons her work was very rewarding. She is pleased also that she was able to affect the lives of so many children some of whom may have missed the

pleasures of the library were it not for her. She was also rewarded when she was named co-winner of the Mayor's Managerial Excellence Award for 1987.

To Vivian, nothing is impossible. I hope she is right because that means the rest of us might be able to go on even though she is no longer here.

5

OBITUARY



Mary Ridgely was born in Dundee, Scotland in 1898. She married an American in the Canadian Army while he was on duty in Scotland in 1919 and came to America to settle in San Francisco. She lived in Bernal Heights for 44 years.

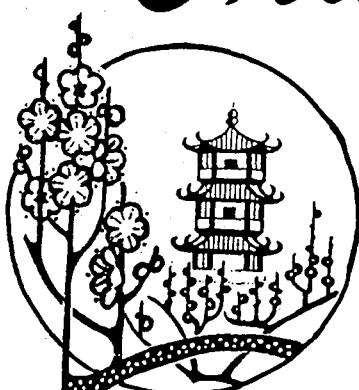
She still has family in Scotland and made a trip back in 1968 to visit her three sisters and locate an old girlfriend, Joann Welsh, whom she had not seen for fifty years.

She was a long time parishioner of St. Kevin's Church where she was well loved for her lovely, gracious nature.

She is survived by a son, Harry Ridgely and two daughters, Mary Dotson and Ann Scoma. She is also survived by seven grandchildren and two great grandchildren.

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BERNAL HILLTOP

by Barbara M. Pitschel

Although the height of the California native wildflower blooming period is during the winter and spring rainy season, some native species flower in the dry months commonly associated with summer dormancy. However, many of the flowers you see on the hilltop during summer and early autumn are weeds, and some of them are invasive, offering serious competition to our native species. Why does this happen, which plants are problems, and what can be done about them?

The earliest European settlers in California came from the Mediterranean region, an area similar in climate and growing conditions to our own. Intentionally (as crop seed or animal feed) or accidentally (in soil around plant cuttings, as impurities in crop seed, in ships' ballast and animal coats) plants from southern Europe were introduced into California. Because conditions were so favorable, and because diseases and pests that had evolved with the plants were left behind, these alien species prospered. They had the additional advantage of having evolved in a disturbed habitat where competitive mechanisms were necessary for survival, while the California flora evolved in an "island" environment where success was determined by different traits.

Many exotic species coexist with native plants on Bernal Hilltop. Some are threatening, others are benign. In the center of an urban environment we will never again have a pristine native prairie, but we can restore a relatively healthy one. I am not going to discuss all the hilltop weeds, but I am going to describe three species that are extremely obvious and particularly virulent in summer and autumn, and suggest methods for keeping them in check.

Fennel (*Foeniculum vulgare*) is a tenacious perennial in the carrot or parsley family (*Umbelliferae*). It looks very much like dill and is closely related to the licorice-flavored "anise" or "finnochio" prized in Italian cookery. Plants in this family have flowers in umbels, or umbrella-shaped heads. Fennel's flowers are yellow, its bright green leaves are finely-dissected, and it grows to heights of three to seven feet. The most important aspect of control is to ensure that the plants are not allowed to spread. This is done by cutting them back to remove all flowers and young seed heads. Cut material should be bagged and removed, as parts left on the ground sometimes contain enough energy to continue to mature and set seed. Although removal of entire plants (not an easy task) would eliminate the problem entirely, it is not recommended for several reasons. Most important, the soft green leaves of fennel have come to serve as the substitute food plant for anise swallowtail butterflies, since habitat destruction greatly reduced their traditional native food plants,

Lomatium (wild parsley) species. Also, the soil disturbance entailed in removing an entire fennel plant creates an eyesore on the hill and provides an ideal site for the establishment of other weeds.

Two other weeds in need of control are wild radish (*Raphanus sativus*) and one of the wild mustards (*Brassica nigra*). Both are in the mustard family (*Cruciferae*), which is distinguished by flowers whose four petals form the shape of a Maltese cross. Radish flowers can be purple or white, and begin to appear in the early spring. By summer the plants are covered with long, narrow, capsular fruits called *siliques*. Mustard plants are similar, but they begin blooming later and have a shorter flowering season. Their yellow flowers and *siliques* are smaller than those of the radish. Although both of these plants appear to be shrubs, they are actually annuals, which means that each plant completes its life in a single year, making the species' continued existence entirely dependent on seed production and dispersal. It seems obvious, then, that removal of fruits (*siliques*) before they can go to seed is the method of control. These plants are much easier than fennel to dig up but, again, it is better not to create a soil disturbance that is hospitable to other invasive weeds. Again, also, bag the cut seed heads and remove them from the hill. Remember that annuals produce lots of seed and that there is probably a sizeable seed bank in the soil. Even with complete removal it would probably be several years before the seed bank would be depleted. Another constraint that I would like you to consider is that the flowers of both these species seem to be heavily visited by bees during the summer months when there are few other bee flowers on the hill. Therefore, I urge waiting to cut until the flowers are past and most of the plant is in fruit. Bees will find other hosts, but our disturbance should not be too abrupt.

It is interesting to note that all three species are edible. The stems of fennel resemble licorice celery; the leaves are like licorice dill. Leaves, buds, flowers, and green seed pods of radish and mustard are similar to their commercial namesakes, although hotter and spicier. The root of the radish tends to be rather tough. The only reservation against eliminating these plants by foraging for them is that the hill is frequented by dogs and the plants would need very thorough cleaning before being used as food.

The most important consideration in controlling weeds on the hill is to be certain you are correct in your plant identification. There are sometimes native species that appear superficially similar to the weeds. If there is any question, come to one or more work parties to learn a few species; then you will be able to help at your own leisure. Work parties take place at 1:00 p.m. on the third Sunday of each month, and meet at the foot of the phone company road. Plastic bags are provided, but please bring your own clipping tools. Mark your calendars for October 16 and November 20. For more detailed information regarding hilltop work call Barbara Pitschel (282-5066) or Richard Clinebell (647-4145).

Las Panteras Grises

por E. Dizon

Rosa, amarillo, azul, verde, rojo anaranjado, negro, y blanco, todos nuestros colores favoritos que nos recuerdan ciertas cosas, rosa & bolitas de polka, amarillo & brillo de sol, azul & agua, verde & dinero, rojo & corazon, anaranjado & cosas sicolélicas, pero ? y el blanco y negro?, frecuentemente estos colores son usados juntos y nos dan las rayas de la Zebra o el periodico pero ? Que pasa cuando estos se mezclan? Nos dan sombras de gris el color escogido por el grupo de la edad y juventud en accion, el grupo de las Panteras Grises.

Las Panteras Grises son una extendida cadena mundial de gente que trabaja para cubrir las necesidades de la gente. La Dra. Helen Sobell convocadora de las Panteras Grises de San Francisco dijo: "Nosotros somos un grupo que trabaja para todos, gente joven, y ancianos y los que estan en medio de estos dos grupos. Las Panteras Grises grunen a la pobreza a la guerra y la enfermedad. Sus principales preocupaciones incluyen aseguranza del apropiado social security, habitacion adecuada, descriminacion por la edad yasea por ser joven o anciano, y promocion necesaria del sistema de cuidado de la salud".

Fundada en 1970 por la activista social Maggie Kuhn y cinco amigos, las Panteras Grises han crecido mas de 70,000 miembros formando hasta 80 capítulos locales internacionalmente y en otros países incluyendo Alemania, Francia, y muchos otros. Cada capitulo local tiene reuniones mensuales, por ejemplo: El capitulo de San Francisco se reune cada 3er. martes por la tarde, generalmente en la primera Iglesia Unitaria, 1187 Franklin in Geary. Las reuniones regionales ocurren cada tres meses.

Algunas Panteras Grises estan divididos en comites, cada uno con una especifica funcion: paz, habitacion, nuevos miembros, salud, o colectar dinero. Pero como un solo grupo, las Panteras Grises creen en trabajar juntos para poder hacer el trabajo. Dra. Sobell remarca que ellos son O.O.O. Ella explica que ellos son "Outgoing" porque "no solamente hablamos ha nosotros mismos, si no que vamos y alcanzamos a los demás." "Outstanding" fue escogido porque ellos son los mejores hombres y mujeres quienes hacen que las cosas sucedan y "Outrageous", como la Dra. Sobell dice "nos describen asi, porque tratamos de hacer las cosas en un modo que verdaderamente llame la atencion."

En el folleto de las Panteras Grises se habla de las acciones pasadas. Al pasar los años las Panteras Grises van a la vanguardia sucesivamente peleando contra el retiro forzado a los 65 años, han expuesto increibles abusos en las casas de asilo, que han dado ocasion para condenas y leyes mas rigidas, han movilizado cientos y miles de peleas y ganado al presidente Reagan los planes de gastar mas dinero en los militares, mientras cortaban programas como medicare y medicaid.

Durante el pasado 15 de abril dia de los impuestos, algunos Panteras Grises de San Francisco trataron de unirse a las fuerzas armadas como oficiales mayores, ellos querian mostrar que a un oficial le dan mas beneficios especiales, mientras que a los demás no. Dra. Sobell exclamo; "nosotros pagamos impuestos y queremos estos (impuestos) nos ayuden a todos".

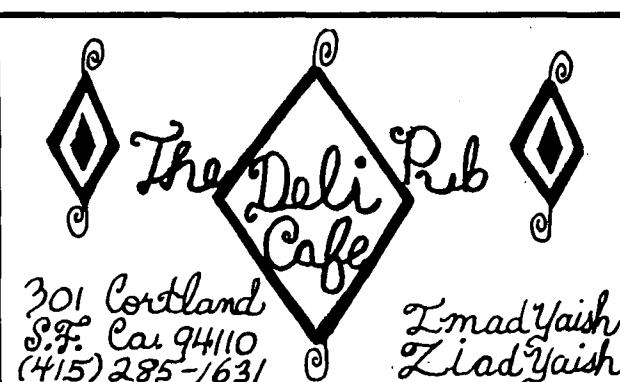
Actualmente las Panteras Grises estan empujando duro por un Sistema de cuidado de la Salud, y si uno existe, cualquiera sin importar la raza o religion o su ingreso debera tener un cuidado de la Salud personal y de alta calidad. Las Panteras Grises proponen que el sistema de cuidado de la salud sea cubierto universalmente con cargo al punto de entrega, sea organizado nacionalmente, pero controlado por la comunidad y ser financiado equivalentemente con contabilidad publica por fondos publicos. Varias audiencias urgiendo estado local y oficiales nacionales electos para oir sus preocupaciones, han pasado sucesivamente y mas son planeados. Peticiones y reuniones continuaran tambien hasta que un Sistema Nacional de cuidado de la Salud se establezca.

Si desea mas informacion acerca de Las Panteras Grises, pueden hacer contacto al Capitulo de San Francisco al escribirles a 325 Ninth Street, San Francisco, Ca. 94103, o al llamar al (415) 552-8800. Nuevas a Panteras Grises siempre son bienvenidas y donaciones a cualquiera de las causas de las Panteras Grises son siempre apreciadas.

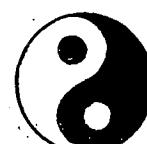
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BERNAL JOURNAL CELEBRATES TWENTY-FIFTH ANNIVERSARY WITH THE NEXT ISSUE!

If you lived in Bernal Heights 25 years ago or know someone who did, get in touch with Gail Corbitt or Eileen Dizon at the Community Center at 648-0330 and let's make this very special issue a time for fond memories of the neighborhood and the Bernal Journal. We would love to print your old photos and can have them copied for the paper and returned to you unharmed.

MAYOR MEETS WITH NEIGHBORHOOD NEWSPAPERS

by Gail Corbitt

Mayor Art Agnos recently granted a lengthy press conference to nine editors and managers of an association of major neighborhood newspapers including the *Bernal Journal*. Together the nine publications have a combined circulation of 160,000 and have been serving their neighborhoods for numerous years.

We had expected a very brief conference, but instead the Mayor spent several hours answering the many difficult questions we asked concerning our neighborhoods. Indeed many of our problems are common ones: youth unemployment, homelessness, graffiti, and preserving the unique characters of our neighborhoods. Mayor Art Agnos has invited our association back for quarterly meetings.

If you have other neighborhood issues you want considered at our next meeting with Mayor Agnos please drop us a note.



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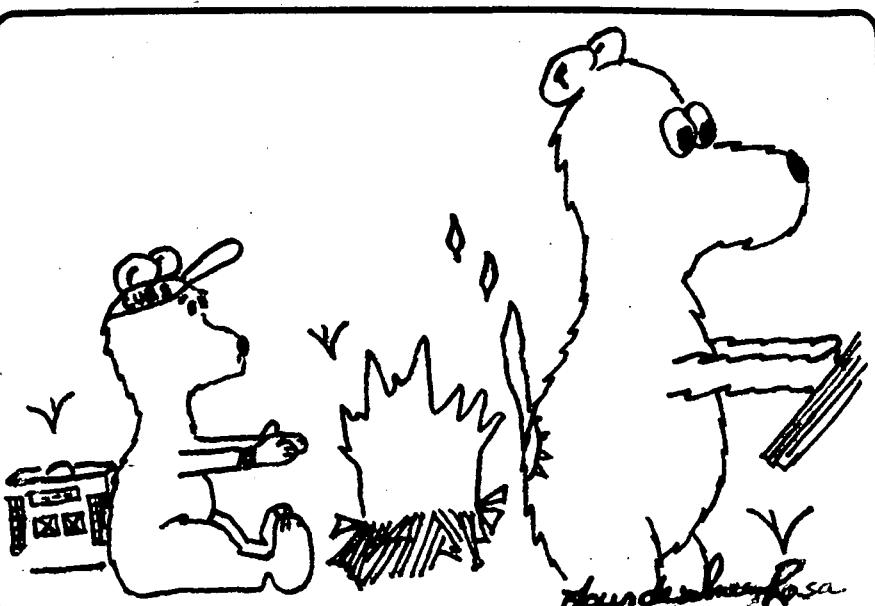
Drugs on Potrero Hill

by Craig Pintly and Marcus Perryman

Drug traffic on Potrero Hill is real heavy. People who roam the street all night make offers of up to \$1,000 a day. That's a lot of money for a person to make. The drug that they're selling is called "crack," "rock," or "hubuse," and there's a new name for it. It is called "bujall." There are a lot of ways these drugs could be stopped, and the cops don't even have to be involved. Me, I stay on Potrero Hill, and as I sit in my car I see all the dope dealers run up to cars. Tonight there was a man who got beat with a car jackhammer. It was really sick. After everything was over, the police finally showed up asking questions. The police can easily tell a dope dealer's car. It would have a phantom top and "trubes & vose," and it would have a lot of gold on it. Also, it would be playing a loud beat. There are a lot of drugs on Potrero. They're not selling weed like they used to anymore. Now they have "rock." It makes you lose weight. If you start smoking "crack," you will lose a lot of weight fast! It will have you up all night. The "crack" will make you hungry. The "crack" will make you steal everything you can get your fingers on. Potrero Hill is the same as Hunters Point and Sunnydale, and there are a lot of places that are bad. There are gunshots when people won't buy the dealer's dope, so they shoot the people down. The people who sell drugs get off real easy. They don't have to pay any taxes. Sometimes when they go to jail, they have seven 50 "shots" (a large rock of "crack") on them, and all they get is 6 months, sometimes not even that long because they will bail themselves out of jail. Then they will start over again selling drugs. I know one guy who made \$8,000 a day.

GENERATION GAP

by Inez Rosa



"Now son, when you're building a fire, you must be very careful."



BERNAL YO

ALEMANY YOUTH UPDATE

Most Valuable People



By Buck Bagot

ALEMANY'S MVP YOUTH GROUP had its first Alemany Summer Camp for youth at Calistoga Ranch Campground in August. Eighteen youth members of the MVP spent four days and three nights camping out. Special thanks to EARL CHASE and JERRY POWELL who were trip organizers, along with myself. Also to IRENE THOMPSON and TIKI HADLEY, youth supervisors; and GAIL CORBITT who donated equipment. \$1100 was raised for expenses; \$300 was donated by the BHCF; \$300 by individuals; and \$500 by the office of MAYOR ART AGNOS. Special thanks to MAYOR ART and his staff person, DONNA YICK for their support of this PH/YOP activity.

What do you want to be when you grow up?

If you're looking for answers to this very question check out the San Francisco Unified School District's Third Annual College and Career Fair on November 9 at the Civic Auditorium, from 1 to 7 p.m. for all high school Juniors and Seniors, and from 3 to 7 p.m. for all other interested students and parents. For more information contact Mr. Lee at 665-6758.

What's Next for MVP?

After a successful summer of Monday night drop-in, field trips, and over-night camping, the MVP have plans to expand their activities. Led by Earl Chase, with help from adults Jerry Powell, Betty Hoskins, Cathy Sweetzer, and Buck Bagot, and the MVP priority for the Fall will be individual tutoring for young people from 9th to 12th grades. Earl will be matching young students up with adult tutors. If you are interested in tutoring, please call Earl at 282-9153, or leave your name for him at the BHCF at 648-0330. If you a parent who lives in Alemany Public Housing, and want to enroll your child in the individual tutoring program, or help with the MVP, please call 1 and let Earl know.

If we have enough adult participation, MVP would like to continue its regular Monday night drop-in. We would also like to find a bigger space at Alemany so we can have both drop-in recreation, and a 'study hall'. The study hall would be a quiet space for doing homework, with adult assistance if desired.

But again, we will only be able to accomplish the drop-in or the study hall with more adult volunteer help.

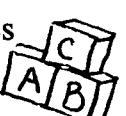
LITTLE PEOPLE'S WORKSHOP

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Currently seeking ethnic minorities
18-24 months



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Bernal Heights Playground

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Recreation Directors: J. Threat & Y. Travis

Tap Dance Class
Youth Homework
Reading Club & Story
Telling
Cheerleading
Youth Football

Adult Aerobics
Arts & Crafts
Kickball
Tumbling
Youth Aerobics
Young Ladies Self Awareness Class
Weight Training & Basketball

Ages 6-12 years
6-13 years

7-12 years

9-13 years

9-13 years

18-older

5-10 years

7-12 years

6-11 years

12-17 years

12-17 years

Mon. 3:30 -3:30 p.m.
Tues.-Fri. 3:30-4:30 p.m.

Tues. 3:30-4:30 p.m.

Tues. 4:45-5:45 p.m.

Wed., Thurs., Fri. 4:45-6:00 p.m.

Tues-Thurs. 7:00-8:00 p.m.

Wed. 3:30-4:30 p.m.

Wed. 4:45-5:45 p.m.

Thurs. 3:30-4:30 p.m.

Thurs. 4:45-5:45 p.m.

Fri. 3:30-5:00 p.m.

Daily: time varies

For More Information Contact Recreational Directors

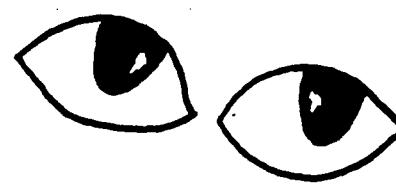
JTH

FOCUS

WHAT I THINK OF HIGH SCHOOL!

by Kimberly Koger

I think high school will be the most important years of my education (1) because you have to work harder than you did when you were in middle school (2) because there is more work and you have to study more. Through high school you will do something you probably thought you will never do or learn. You will meet lots of new friends. I think you should not be a high school drop out, because when you go to high school you can learn. If I had a choice I would go so that I could prepare for college. It's worth going through the trouble because you get something valuable to add to your life. I think I would get along with the teachers fine because I enjoy learning new things. That's why I'm going to high school. Also going to high school will enable me get a great job in the future.



Dreams

by Ericha Dominguez

Do you have a dream? That is...a dream for your future. Is it just a dream...a fantasy? What is a dream anyway? A good dream is a dream that you can enjoy, something that you long for.

What kind of dreams do you have? To succeed? Go to college? Become a lawyer, doctor, scientist, or mechanic? So what's stopping you? Go and do it. Dreams don't have to be make-believe wishes or hopes that get shrugged off by doubts. They can become a reality with effort...Yeah, you have to work for it for they will not appear like a rabbit out of a hat or a quarter out from your ear as if you are some kind of magician.

Dreams start now and the harder you work, the sooner they'll come and the better they'll be. Make your life fulfilling. Don't waste it, and the way you start fulfilling it...is by achieving your goals and making your dreams come true.



Especially For Children at the Bernal Library

Film program on Tuesday, October 18 at 10:30 a.m. and Wednesday, October 19 at 7 p.m. We'll be showing *Alec and the Car*, *Strega Nona*, *Madeline's Rescue*, *Nate the Great and others*.

Halloween program featuring magician Chris Abbe on Wednesday, October 26 at 7 p.m.

Holiday Party with the World of Tales, the acting troupe that brought us the fine production of the "Bear and the Berry Picker" last December. The party will be on Wednesday, December 7 at 7 p.m. Everyone is cordially invited. Food contributions will be appreciated.

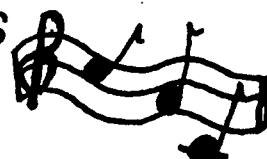
Library Hours:

Tuesday	10-6
Wednesday	1-9
Th/Fri/Sat	1-6



OLDIES BUT GOODIES

by Craig Pintilie



My favorite oldies group is the Manhattans. They have great songs. I love oldies because you can relax when you play them. You can think back to when the record first came out. There are a lot of groups like Rainbow 80, Ray Parker, and Rick James. I like slow oldies by the group Heatwave. Oldies songs really express feelings for people because when they hear a song it reminds them of old romances. Now the oldies are a hit again with today's groups doing versions of the old songs. There's one clue about playing the old songs; you can catch a lot of attention just by playing the records. Lots of girls like old songs. I talk to lots of girls, and they're always telling me to turn the oldies on. I love that. That's my hobby--music--only oldies. I have a closet full of records of every slow song that came out, and I like the blues like B.B. King. I like some of his albums. It sounds pretty good, but that's not an oldies record; that's the blues. My favorite group that I always play is the O'jays. The name of the record I play is called "Forever Minds." I can play that record all day long and never get tired of it!

Can I hold you just one more time,
While I pretend you're still mine.
I tried to keep you here by me,
But I guess it wasn't meant to be.

I honestly hope to bring you happiness,
And I want you to always remember this
If you ever need a friend,
I will always be here to the end!

Friends FOREVER
by Ericha Dominguez

We always had a lot of fun,
Holding hands in the summer sun.
You gave me a ring with a big smile,
And said, "Here you keep this for awhile."

Now the time has come for you to go
But I just wanted to let you know,
That I hated to let you go.

PG&E CHANGES SCHOLARSHIP PROGRAM

Pacific Gas and Electric Company announced that it has modified its scholarship program to encourage Hispanic, Black and Native American students to choose technical and business fields in college.

The changes in PG&E's James B. Black Scholarship Program are the result of the dramatic shift in recent years in the way the utility does business, said Larry Baack, PG&E manager of community relations.

"Not only does PG&E face a new competitive business environment, but the demographics of its service area in northern and central California are changing rapidly," said Baack.

"By the year 2000, PG&E will be competing for business among customers who will be approximately 24 percent Hispanic and 6 percent Black. It has become increasingly difficult to recruit students from these ethnic communities into technical fields, particularly engineering and computer science."

Starting next year, 18 \$4,000 scholarships, 12 \$2,000 scholarships and 6 \$1,000 scholarships will be awarded each year to students who are not children of PG&E employees and who reside in the communities PG&E serves. Twenty-four of these 36 scholarships will be reserved for Black, Hispanic, and Native American high school seniors. In a separate program, the top winners will also be eligible to compete for summer internships at the company.

PG&E also will award six \$4,000 scholarships and six \$1,000 scholarships to children of PG&E employees.

Baack said that to be eligible for the scholarships, class of '89 seniors, other than the children of PG&E employees must:

—Plan to attend an accredited four-year college or university in the United States.

—Intend to pursue fields of study which are likely to lead to skills needed in the PG&E work force, such as engineering, computer science, mathematics, business, and economics.

He added that brochures describing the program and applications will be sent to high schools in September. Scholarship winners will be selected in May 1989 for the college school year beginning in September 1989.

PG&E inaugurated its scholarship program in 1966 in honor of the late James B. Black, a longtime PG&E president and board chairman and an ardent supporter of higher education.

BE A BROWNIE GIRL SCOUT

A Brownie Girl Scout troop has just started for first and second grade girls who live in Bernal Heights. The troop meets on Sundays from 3:30 p.m. until 4:30 p.m. at the Neighborhood Center, 515 Cortland Avenue.

Membership includes insurance. No one is denied membership because she cannot pay.

For more information leave a message for Nancy O'Brien at 824-6278. Or, call Jocelyn Lampman at the Girl Scout office, 800-447-4475.



BUFFET FLAT Books



The owl was evidently a bachelor, for his room was very untidy; books and papers lay piled about in the greatest confusion, and while he tried in a clumsy way to make room for them, every now and then he would upset something, as he was extremely near-sighted.

Tu-F 12-8
Sat 12-7
Sun 12-6
307 Cortland Avenue
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TONI'S TRADE WINDS CAFE

A great place to eat breakfast...

**Delicious*

banana pancakes on the weekend

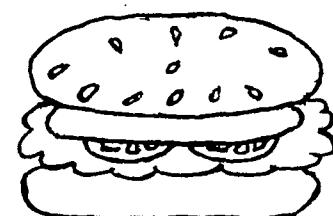
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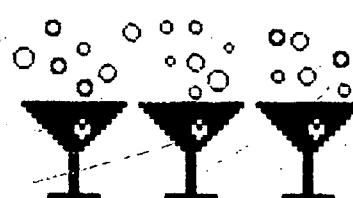
SUNDAY, NOVEMBER 6, 1988, 2:30 P.M.

**TICKETS: \$5.00 EACH-GOOD FOR 7 CARDS-14 GAMES
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*****COME EARLY-VISIT OUR BOUTIQUE*****



Entertainment on the Hill

Come laugh with Bernal comedian, singer/songwriter and "recovering worryholic" Lynn Grassberg and friends on October 15 at the Bernal Heights Neighborhood Center, 515 Cortland Avenue.

The show features state-of-the-heart humor, high energy acapella singing, stand-up comedy and torch songs. Curtain time is 8 p.m. and admission is \$5 at the door.

The hall is chemical-free and wheelchair accessible. For more information, call 282-6852.

El Rio

October is "your dive's" 10th year anniversary month. For those who don't know what lies behind the modest storefront at 3158 Mission El Rio is a wonderful place to be around a truly fun and varied crowd. People of all ages, races, gays and straights, yuppies and freaks meld into one live-and-let-be fun-loving crowd. *Samba Party Tues., 9-12 p.m. Comedy Wed., 8-10 p.m. Free oysters Fri., 5-7 p.m. D.J. Music Fri. & Sat. Cheap Beer Sat. Afternoon Sunday Music 4-8 p.m.*

Each issue *The Bernal Journal* will be featuring a listing of entertainment events in Bernal Heights. If you would like to be included in this listing please call us at 648-0330 with information. All listings are free.



movie review:

A Film That Starts Where The Iran-Contra Hearings Left Off?

COVER UP

Behind the Iran Contra Affair

Produced by: Barbara Trent, Gary Meyer and David Kasper

Directed by: Barbara Trent

Written by: Eve Goldberg

If those foreign intrigue, international spy thriller movies are what get you to the theatre, have a look at this powerful, real-life exposé that explores the questions raised and left unanswered during the Iran-Contra hearings. Drug smuggling, arms sales, and assassinations all make their way to the screen as Director, Barbara Trent interviews a former Contra leader, a former Reagan staffer, current Representatives Henry Gonzalez and Jack Brooks (who was on the Iran-Contra congressional committee) among others to weave a tale of covert action and secret policy making among a tightly knit network of former C.I.A. operatives and government officials. Among the issues tackled are:

—Were drugs being smuggled back from Costa Rica on planes that carried supplies to the Contras?

—Why did millions of dollars in profits made from the arms sales never make it to the Contras, and why wasn't this money returned to the government?

For the answers to these and other questions go see the movie playing at the Roxie Theatre on 16th and Valencia every Saturday and Sunday at Noon and judge for yourself. —*Emma Torres*

san francisco BACH CHOIR
DAVID P. BABBITT, DIRECTOR

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Madrigals, Latin Motets & English Anthems of
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Live Music TU.SU

Comedy Night WD

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282-3325

DINING ON THE HILL

11

Thai and Cambodian restaurants:

Manoras: This is one of the highly reviewed Thai restaurants on Mission Street and consequently it has a loyal following that keeps this one-room restaurant packed. The food is fresh and delicious, the lighting is soft, and any wait is worth it. **3226 Mission Street/550-0856.**

Dusit Thai: This Thai restaurant, although fairly new, already has a large and faithful clientele. The vegetarian section in the menu is especially outstanding. After several visits to this restaurant, we have yet to sample a disappointing dish. The decor is lovely and the service flawless. **3221 Mission Street/826-4639.**

Angkor Borei: This Cambodian restaurant has been highly acclaimed by some of the major food reviewers in the city and for good reasons. Owner, Sonny and his staff treat each guest as if they were a member of the family. The menu is varied and each dish perfectly prepared. When we had a recent luncheon party there, Sonny arranged a special menu, and my guests were amazed as dish after dish of exquisite food arrived at our tables. When a friend who likes hot, hot food requested extra spice, Sonny brought out a tray of exotic spices that I am told were not at all westernized and added the perfect Cambodian seasonings to the food. For a restaurant of this quality, it is hard to believe how reasonable the prices are. **3471 Mission Street/550-8417.**

Cool Places to Drink Espresso and Hang Out:

Morgan's Hot Dogs: Don't let the name put you off. Morgan's is a comfortable, friendly place to sit and enjoy a great cup of espresso. The atmosphere is calm, the decor is light, airy and spotless. Owned by two longtime Bernal Heights residents, Sybil and Morgan, neighborhood merchants and residents often gather here in the afternoon to sip coffee and read. The hot dogs and ice cream are favorites among all ages as are the fine homemade soups and sandwiches, but here's a special treat for kids—Morgan's even has toys! Sybil and Morgan always make you feel welcome. **436 Cortland Avenue/285-4701.**

The Deli Pub: Along with a good cup of espresso, one may order wine, beer, and a wide variety of food including Rose Calloway's absolutely amazing spinach lasagna which has become a tradition at the Deli Pub. The Deli Pub has frequent art exhibits and poetry readings. It's a great place to meet local artists. **301 Cortland Avenue/285-1631.**

Cafe Commons: This cafe has the most extensive menu of coffees and food of all the Bernal Heights coffee shops. It's usually packed with groups of friends and folks reading books. The outdoor garden is a definite plus in warmer weather. It's the only place we know that you can go read the latest copy of the *Manchester Guardian*. **3161 Mission Street/282-2928.**

Each issue we will feature brief descriptions of a different type of restaurant in Bernal Heights. Next issue we will focus on places to eat breakfast! Restaurant owners are invited to call us at 648-0330 with information. **ALL LISTINGS ARE FREE.**

The Bernal Journal would like to showcase the talents of local cartoonists. Please submit high-quality reproductions (not original artwork) for consideration. Call 648-0330 or mail your work to 515 Cortland Avenue, San Francisco, CA 94110.



Mayor Art Agnos with Buck Bagot

BERNAL RESIDENTS APPOINTED BY MAYOR ART AGNOS

by Gail Corbitt

In September, two Bernal Heights residents, Frank De Rosa and Buck Bagot, were appointed by Mayor Art Agnos to positions in his administration crucial to the city's neighborhoods and the interests of poor and working people. Both appointments are examples of how Agnos is keeping his promise to bring new people and energy to City Hall. Special thanks should also go to Bernal resident Claudine Huey, who served on the mayor's Committee which screened hundreds of applicants for appointments and made recommendations to the Mayor. Claudine worked long and hard and selflessly, and extremely well for the neighborhoods throughout the city and for Bernal Heights.

Bernal resident and longtime Bernal activist Buck Bagot was appointed by Mayor Agnos to the San Francisco Redevelopment Commission. Mayor Agnos pledged in his book to use the powers of the SF Redevelopment Agency (SFRA) to produce millions of dollars for building and preserving affordable housing for the City. Under the previous administration, Redevelopment targeted much of Bernal Heights for the bulldozer, as planned in a study by the Arthur D. Little Company in the 1960's. But Bernal residents rose up and defeated the Agency. Under Mayor Agnos, the Agency could use its tremendous powers on behalf of our neighborhoods. The SFRA is a state chartered agency, and has the power to issue bonds to raise money for both housing and economic development. Agnos has planned to use "tax increment funding" for his affordable housing program.

The Bernal Heights Community Foundation and the non-profit community development corporations that make up the Council of Community Housing Corporations have urged the Mayor to require the following affordable housing guidelines for any redevelopment tax increment monies:

- That 50% of all money be made available for affordable housing development.
- That affordable be defined as all rental housing produced averaging 80% of median income, or \$34,000 or less for a family of four, and all homeownership average at 100% of median, or \$42,500 for a family of four.
- That non-profit housing development corporations be a primary vehicle for these developments.



Frank De Rosa

Buck is the Executive Director of the California Association for Non-Profit Housing a statewide association with 450 organizations and individuals as members. NPH works for the development, preservation, and management of low-income housing. Buck explains that "with Mayor Agnos, we have the chance—maybe our last chance—to save San Francisco as a city where low and middle-income people can continue to live. We've all seen Bernal neighbors priced off the Hill. Agnos wants to use what he calls 'the Bernal models' he's worked with us to develop for community development and neighborhood control. It'll be an honor to help him do it. I hope that everyone I've worked with in Bernal for the last 13 years will help me. I just wish that Jean Hamer were here to see it all."

The second Bernal resident tapped by Mayor Agnos was Frank De Rosa who lives on Montcalm with his wife Janice and newborn son, Louis Henry. Frank works with PG&E as a financial analyst and was appointed to the Mayor's Citizens Committee on Community Development. The CCCD advises the Mayor and his Office of Community Development on how to distribute the approximately \$17 million that will come to the City from the Federal Department of Housing and Urban Development (HUD) for 1989.

Community Development funding is the only money from the Federal government that is targeted to be spent exclusively for the benefit of low-income people. "Low-income" is defined as 80% of the median income, or up to \$34,000 for a family of four in San Francisco. The majority of the families living in Bernal Heights are low income. On Bernal Heights, we've fought hard for our neighborhood's fair share of Community Development funding, and have made very effective use of the monies we've received. The Bernal Heights Community Foundation (BHC) has used CD money to:

- Build the Bernal Heights Neighborhood Center on Cortland Avenue, home of the BHC, the Bernal Senior Program, and many other Bernal activities;
- Build the Holladay Avenue Homes, four units of low-income, owner-occupied housing;
- Provide deferred payment, low interest home rehabilitation loans to over 60 families on Bernal to repair life threatening hazards in their houses;
- Build mini-park and landscape step-walks, like the one on Esmeralda between Winfield and Prospect, and the one where Prospect dead-ends into Cortland; and to
- Develop the Coleridge Park Homes, 49 units of low and very low-income senior housing under construction on Mission St. near Virginia.

Congresswoman Pelosi Meets With Bernal Residents

by Gerald Whitehead

Bernal's Congresswoman, Nancy Pelosi, held a neighborhood meeting at the Bernal Heights Neighborhood Center on Saturday, September 17. A number of topics were raised, but of greatest concern to the group of approximately 75 residents was the issue of "notch babies." This refers to those persons born through 1928 which, due to later changes in the Social Security laws, receive less Social Security benefits than those born after 1928. Pelosi explained that there are ongoing attempts in Congress to close that loophole but that the problem has been where the money will come from. She made it clear, however, that she endorses a closing of the loophole and suggested that everyone write letters of support on this issue. Pelosi also advised that because there has been so much interest in this issue that she plans another neighborhood meeting to deal with it further.

The Congresswoman went on to say that she has made AIDS legislation and housing the priorities in her committee service. She considers AIDS to be the nation's number one health issue and housing the number one problem. In response to additional questions on the housing issue put to her by Helen Helfer, the Executive Director of the BHC, Ms. Pelosi advised that there is now a bill pending in Congress for the preservation and improvement of existing housing stock, and that she and others in Congress are urging the banking industry to do more in the way of investing in affordable housing for the community.

Prop E. Benefits Our Community

by R.J. Dutra

From Brewster Street grove and garden to Coleridge vista point; from the Bonview lots to the Prospect garden, Bernal Heights has benefitted from San Francisco's Open Space Acquisition and Renovation Fund. This November a yes-vote on Proposition E will renew the city's successful program for another fifteen years.

The original program, passed in 1974 and expiring in 1990, earmarked 10 cents of every dollar collected from property taxes for improvements to parks, playgrounds and facilities as well as to acquire and develop new park sites. Bernal Heights was an active participant in the '74 neighborhood coalition campaign to establish the fund. Nearly half a million dollars came from the Fund to repair and rebuild the retaining wall along Andover Street which holds up Bernal Playground; the path circling Bernal Peak is an Open Space project; and in the 1988 budget reforestation and playground improvements for Precita Park were funded.

Throughout San Francisco, neighborhoods have benefitted similarly, and they will continue to benefit when Proposition E passes in the upcoming election.

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Senior News

Summer Festival Report

The Bernal Heights Senior Program raised over \$500 for their Advisory Council Funds. Folks young and old from Bernal Heights enjoyed a day of games, prizes, bingo, white elephants, food and great company. Next year's festival will be even bigger and better:

THANK YOU CORTLAND MERCHANTS!

The Bernal Seniors would like to thank the following folks for generously donating goods, gift certificates and services that helped to make the Summer Festival a success:

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REGULAR MEETINGS/EVENTS AT THE NEIGHBORHOOD CENTER

Bernal Heights Community Foundation Activities

You are encouraged to attend any BHCF meetings to give input or to bring a matter to a committee's attention.

PLANNING, HOUSING COMMITTEE	-1st Tuesday	-6:00 p.m.
EXECUTIVE COMMITTEE	-2nd Tuesday	-5:30 p.m.
BOARD MEETING	-3rd Tuesday	-7:00 p.m.
NEIGHBORHOOD CENTER COMMITTEE	-1st Wednesday	-6:00 p.m.
OUTREACH COMMITTEE	-3rd Thursday	-7:00 p.m.
MONTHLY SUNDAY BRUNCH	-3rd Sunday	-10:00-1:00 p.m.

Other Activities

NARCOTICS ANONYMOUS	-Monday/Wednesday	7:30 p.m.
EAST SLOPE DESIGN REVIEW BOARD	-Monday	-7:00 p.m.
N.W. BERNAL DESIGN REVIEW BOARD	-Monday	-7:00 p.m.
ALCOHOLICS ANONYMOUS	-Thursday	-7:00 p.m.



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Let's do lunch at the Senior Program, Monday thru Friday at noon. A \$1.25 donation for roast turkey to roast beef to bbq chicken and more! Delicious!

LET'S TAKE A TRIP

Senior Van Outings for October & November

Join us for a fun filled day on the St. Kevin's Van! The van departs and returns from and to the Senior Program at the Neighborhood Center at 515 Cortland Avenue. All senior citizens are welcome to come along...but sign up early! Visit us at the center or call 648-0330.

OCTOBER

WED., 10/5 11:15am-4:15pm
admission day

WED., 10/12 1:00pm-4:00pm
admission day

FRI., 10/21 8:00am-5:30pm

AFRICA USA

TUE., 10/25 12:45pm-4:30pm
Garden Tour

NOVEMBER

SUN. & MON. **RENO!!**

NOV. 6th & 7th \$30 includes room, bus, cash refunds & food coupons

TUE., 11/8 9:45am-11:00am **FLU SHOTS AT HEALTH CENTER**
#3

TUE., 11/15 12:45pm-3:00pm **Anchor Brewing Company Tour & Tasting**

De Young Museum - Free

San Francisco Zoo - Free

Ferry to MARINE WORLD,

Sunset Magazine Building &

RENO!!

\$30 includes room, bus, cash refunds & food coupons

FLU SHOTS AT HEALTH CENTER

Anchor Brewing Company Tour & Tasting

BERNAL BRIEFS...

City schools chief Ramon Cortines will hold a series of nine community meetings to discuss school issues with parents and residents. One of these meetings will be held at the Daniel Webster Elementary School in Potrero Hill on October 17 at 7:00 p.m. For more information call 565-9706.

The Community Housing Network (CHN) will be holding a joint Candidates Forum on Housing Issues on Saturday, October 8th from 9:30 to 11:30 a.m. at the new State Building at Van Ness and Golden Gate Avenues. The purpose of the forum is to hear the positions of the candidates for Supervisor on a wide range of housing issues, so that folks can evaluate them in a more comprehensive way on their commitment to affordable housing for the City.

The Women's Jobs Program, a counseling and support program for battered and formerly battered women, is conducting a series of employment workshops starting September 12, 1988. Topics include personal assessment, creative job search and how to interview successfully. Individual counseling is also available. Services are free of charge. Offered by Rosalie House of Saint Vincent De Paul Society. For more information, call Yvette at 255-0166.

From the office of Michael Hennessy, Sheriff of San Francisco and a longtime Bernal Heights resident, comes this update: The Advisory Committee on Adult Detention issued its 1988 Annual Report detailing its investigation and recommendations concerning the San Francisco County Jail system. The report praised the Sheriff's Work Furlough jail alternative facility, stating that "the program is cost-efficient and saves the City and County more than it costs. Programs such as this are setting trends for other county judicial systems, sheriff's departments, and boards of supervisors as an alternative to the high cost of keeping low level offenders in custody."

The newly formed Bernal Greens group meets on Wednesdays at 6:30 p.m. at the Neighborhood Center on Cortland. An information meeting is coming up on October 5. For additional information please telephone 647-5995 or 647-3639.

The San Francisco Bach Choir, directed by David Babbitt, will open its 1988/89 season on Oct. 8 at 8 P.M. with a program of works by William Byrd, Thomas Tallis, Orlando Gibbons, and other composers from this richly creative era of Shakespearean England. Compositions will be sung by a full Choir and smaller ensemble groupings. Historic St. Paul's Lutheran church at Gough and Eddy in San Francisco will provide an intimate setting for this concert of gentle music. For information call 931-4529.

Betty Friedan will celebrate the 25th anniversary this year of her book *The Feminine Mystique* with a free public lecture at the University of San Francisco's McLaren Center Room 250 on October 3 at 8 p.m. Her topic is "From Feminine Mystique to Family Realities."

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 Patricia Layton (415) 695-9207
 Janet MacLeod (415) 826-7448
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All the instructors have been certified by BKS Iyengar to teach his method.



The University of California's Learning Evaluation Clinic in San Francisco has received a \$10,000 grant to provide services to Bay Area school children with learning problems from low-income families. The grant from the San Francisco/Marin Chapter of the California Association for Children and Adults with Learning Disabilities will help the UCSF Clinic provide a full range of diagnostic services and remedial and tutorial classes to children with learning disabilities, from pre-school through high school. Children may be referred to the clinic by parents, teachers, physicians, counselors, and other community professionals. For information on the scholarship program, contact the University of California-San Francisco Learning Evaluation Clinic at 476-1776.

THE BARRISTERS CLUB OF SAN FRANCISCO PRESENTS: CAN YOU DO IT WITHOUT A LAWYER?

Three free presentations for the general public on common legal problems. Speakers will discuss how people can help themselves, when a lawyer should be contacted, and list helpful community resources when problems arise in the following areas:

MONEY PROBLEMS

When to handle credit or bankruptcy problems yourself and when to get help

Saturday, October 22, 1988
 10:30 A.M. - 12:30 P.M.
 San Francisco Public Library
 Main Branch, Lurie Room
 Larkin and McAllister Streets
 San Francisco, California

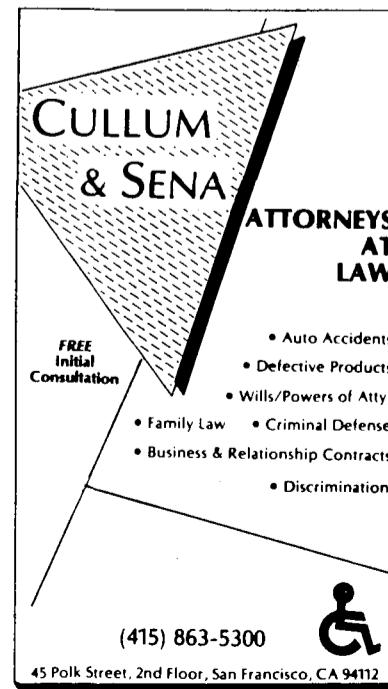
SMALL CLAIMS COURT

Thursday, October 27,
 6:30 - 8:30 P.M.
 Main Branch, Lurie Room

LANDLORD-TENANT LAW

Saturday, October 29
 10:30 A.M. - 12:30 P.M.
 Main Branch, Lurie Room

The contributions of the Barristers Club, supporting organizations, lawyers, and community speakers to these events are entirely voluntary. For additional information please contact Ann D. Coulson (764-1600), Martin J. Jenkins (542-2206), or Nancy Neu (348-1974)



Alemany Notes

by Barbara Garcia

A friend of mine who lives in the Mission District was complaining about being charged a penalty for using more than 60 gallons of water per day (this equals about 3 baths or 2 loads of clothes per day). Well, I don't want to pay a penalty for using too much water, but I do like to think I am a part of what's happening in S.F. I didn't even know people were being rationed in this city. Seems like the San Francisco Housing Authority (SFHA) could send out some information about ways to conserve water. I'm willing to do my share with the rest of the citizens of S.F. Especially since environmental issues affect us all equally.

Another environmental issue—garbage. There are complaints about people from outside the neighborhood driving through to dump trash. The dumpsters barely hold all of our garbage now and when they get overloaded trash ends up all over Alemany. If you see someone dumping trash tell them to stop or their license number will be given to the police. There is a fine for dumping trash in other people's dumpsters. And please, remind your children that when they empty the garbage to be sure it goes INSIDE the bin.

Did you know that close to 20% of the Alemany units are vacant? With all the families who are on the waiting list, all the families in emergency housing (which is paid for by the city), and all the families with no place to live, why are so many apartments empty? Even if the SFHA doesn't care about the people, what about the money? You don't collect rent on an empty apartment. It just doesn't make sense.

Credit Where Credit is Due Department: Thank you to Raenette Sanders and the SFHA for the tickets to the Giants game.

Let's get serious about traffic on Ellsworth Street. I'm worried. Remember the child in Oakland who was killed in a residential neighborhood by a speeding car? It could happen here. In the past six months there have been at least two accidents caused by out of control cars. Car owners want a safe place to park their cars and we all want Ellsworth Street to be safe for our children. I suggest speed bumps. I asked a Muni driver about it, and she said if they weren't too high it isn't a problem for the buses. Someone else told me that they are illegal, but so is speeding!

And finally a word of sympathy to the family of the young Alemany mother of three who died suddenly on July 12th. We all are saddened for her family and we can't help but feel angry and scared that we live in a world where our children can die before they have a chance to live.

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Nine years first real home Coso Ave, Bernal
Heights
To belong which gang Petchucos,
White shoes, Barts
No way I'm me.
Still wandered but streets
Different cultures Chicanos
Filipinos, Italians accepted
natives civilized.
Parents wanted out of territory
to paradise
Thirteen years St. Francis Woods
Had their own laws white only.
Sea Cliff became our haven
Golden Gate Bridge splendor at my door
Untamed water only the rich have access
Utopia exclusively for those who can afford.
Thirty-two years yearned for life again
Moved to Bronte St. Bernal Heights
Closer sight of the bay, view from
Backyard in all her splendor
My friend Bernal Hill
Filipinos, Mexicans, Blacks.
Palestinians, Chinese, Israelies
filtrating to live in harmony.
Conflicting relationship with an Irishman
found understanding through an Indian Mexican
Thirteen years my Junior
Woodacre now my oasis.
Forty-Four changes left again
Quote from General McArthur
When he left the Philippines
World War II at the mercy
of the Japanese
"I shall return."

—Rose Calloway

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TWO BERNAL RESIDENTS IN NOVEMBER RACES

by Mary Johnson

Two longtime Bernal Heights residents are among the field of candidates seeking public office in November's election, which indicates once again the diversity of the Bernal Heights neighborhood and the civic-mindedness of its residents.

Pat Norman, from the South of Cortland neighborhood, is making her second run for a seat on the Board of Supervisors. In 1980, she was a strong challenger for the five seats then up, but all of the incumbents were re-elected that year. This year, with the withdrawal of Supervisor John Molinari from the race, one seat is open and five incumbents are being challenged. Pat currently serves on the Human Rights Commission Advisory Committee and as Board president of the Larkin Street Youth Center, and was a San Francisco delegate for Jesse Jackson at this past summer's Democratic Convention.

A lifetime advocate and worker for issues pertaining to women, youth and mental health, Pat has been honored with an array of awards over the years, including a 1987 Certificate of Honor from the Board of Supervisors she now seeks to join. Other awards for her work include the Bay Area Women's Leadership Award and the American Association of Physicians for Human Rights Achievement Award.

Tom Ammiano, a resident of the North of Cortland neighborhood, has also run for public office before. In the 1980 election, he placed sixth for the School Board, with 48,000 votes.

Tom, who currently teaches at the Louise Lombard School for developmentally disabled high-school children, has been a teacher with the San Francisco Unified School District for twenty years. He is also a popular gay comic on the local comedy circuit, and his non-traditional campaign combines sensibilities from both careers. "The only difference between stand-up comedy and electoral politics," Tom often quips, "is that in politics the jokes can get elected."

Although he is conducting his campaign with his keen sense of the comic, Tom considers himself a serious candidate who is aware of the real issues facing the Board, but he has no illusions about the School Board race being one that holds great interest for the average voter despite its importance. "It has," he says, "all the charisma of a versa-teller."



touch

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COME ALL AND READ THE FUN!

by E. Dizon

Who? Catholic Christians of San Francisco joined together to have a
What? Parish Prayer Parade at the
Where? Mission Deanery District, Precita Park
When? September 11, 1988 in order
Why? to kick off the "Renew Season" with
How? song, prayer, banners, and balloons.

They did it. On a windy but joyful Sunday afternoon, members from thirteen parishes of the Archdiocese of San Francisco (All Hallows, Corpus Christi, Epiphany, Mission, Most Holy Redeemer, Our Lady of Lourdes, St. Fin Barr, St. James, St. John Evangelist, St. Paul, St. Peter, St. Theresa, and Bernal Heights own St. Anthony and St. Kevin) united in celebration to begin their first of three "Renew Season" - six weeks dedicated to strengthening their faith with God.

At approximately 12:30 a.m., Catholics gathered at their own separate parishes. Once together, each parish went to meet other churches who were of walking distance from Bernal Heights' Precita Park allowing everybody to parade together. Each group took their own most convenient route to reach the final meeting point, Precita Park. However, people did not just walk, but paraded. Voices singing, bells ringing, cars honking, and cameras clicking made up the harmonious clatter while green banners (the chosen Renew color representing growth and hope with God) and balloons, and smiling faces rounded out the scenery. One participant remarked, "I can just see people looking out their window saying, 'I didn't know it was St. Patrick's Day,' but among all the green, everything and everybody - the young and old alike - were quite happy."

Convened at Precita Park, the outdoor liturgy opened with Father William Justice, standing in front of a huge Renew banner on a temporarily built stage, who remarked, "We are starting this journey of three years."

Now, what exactly is this three year Renew program? It was born in 1976 in Detroit during a United States Catholic Bishops conference called "Call to Action". In a broader sense, Renew was one way of answering the calls of Vatican 2, but to the people, it means (1) parish development through changes with Sunday mass celebrations, prayer networks, and large group activities; (2) parish renewal to be accomplished with small prayer groups, home activities for families, and other means which allow for spiritual growth; and (3) parish outreach to spread the good news of Renew.

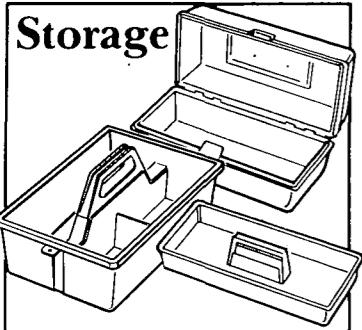
The Outdoor liturgy included prayers conducted in English, Spanish, and Tagalog and music from various talented musicians including the gospel choir from Our Lady of Lourdes. A beautiful release of balloons with cards bearing personal petitions ended the celebration. For more information, contact Mike Nolan, a Bernal Heights resident and St. Kevin's parishioner at (415)282-9043.



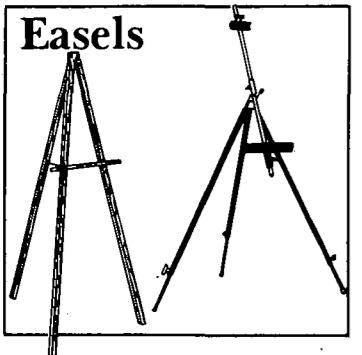
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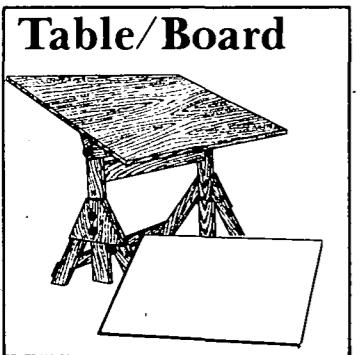
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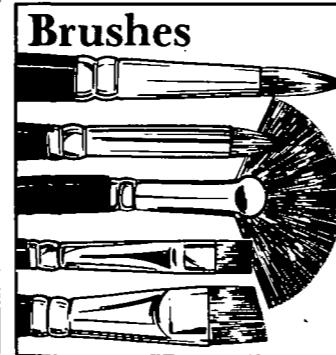
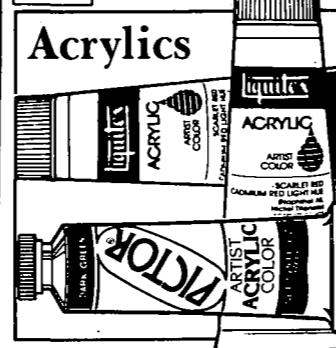
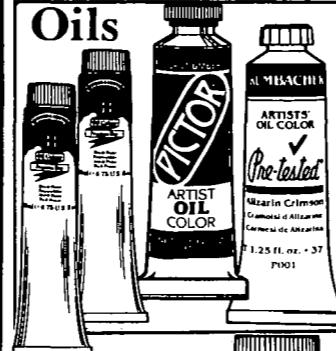
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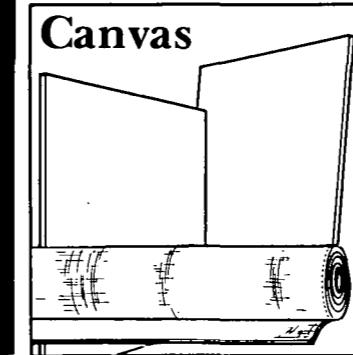
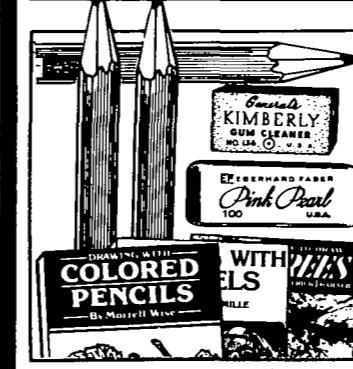
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